



Universal Martial Arts

Creating Confident People...One Black Belt at a Time

(Time Table effective from 21st January 2009)

Class Training Times for the SHREWSBURY Academy

Wednesday

Beginners & Intermediate Class

(White Belt – Green Belt/Blue Stripe)

5:30pm – 7pm

Advanced Class

(Blue Belt – Black Belt)

7pm – 8:30pm

Thursday

Beginners Class

(White Belt – Yellow Belt)

7:30pm – 8:30pm

Intermediate & Advanced Class

(Yellow Belt/Green Stripe – Black Belt)

8:30pm – 9:30pm

Saturday

Beginners Class

(White Belt – Yellow Belt)

11am – 12pm

Intermediate & Advanced Class

(Yellow Belt/Green Stripe – Black Belt)

12pm – 1:30pm

Sunday

Beginners Class

(White Belt – Yellow Belt)

10:30am – 11:30am

Intermediate & Advanced Class

(Yellow Belt/Green Stripe – Black Belt)

11:30am – 1pm

Call 01743 243298

or visit www.universal-martialarts.com